



OLYMPIA INDOOR SOCCER INDOOR LEAGUE RULES

Olympia Indoor utilizes the US Indoor Official Rules of Play as provided by the United States Indoor Soccer Association. The following is a list of supplemental House Rules which are in addition to the existing rules of indoor soccer.

Rule 3 – The Players (6 v 6 includes Goalkeeper)

3.1.a Number of Players: Teams must field a minimum of 4 players for any indoor match to begin.

Coed Leagues: For all coed matches each team must have a minimum of 1 female to start the match. Coed teams shall consist of no more than 3 males and 3 females and at no time may the number of males exceed this number except during the “Additional Attacker” period.

Additional Attacker: If at any time a team falls behind by 6 goals, an additional player-of either gender- may be added. Once the goal difference is less than 6, the additional attacker must leave the field.

3.1.b Situation: Team A only has 1 female and 5 males in attendance. The team begins the match with a male GK, 2 male field players and 1 female field players. **Ruling:** Legal, as the team has not exceeded 3 males on the field.

3.1.c Grace Period & Forfeits: Teams shall be granted a grace period of 2 minutes from the match’s printed start time to field the minimum number of players. The official game clock shall begin on time and time shall not be added. If a team fails to field the minimum number of players, a forfeit shall be recorded and there shall be no referee assigned to the match.

3.1.d Team Bench Area: Only active players and designated coaches are allowed to accompany the team into the team bench area during a match. All other spectators must remain in the designated area away from the team benches. Please observe all signage indicating where spectators may view the game.

3.5 OIS LeagueApps Waiver: Every player on every team must have completed an OIS LeagueApps player liability waiver covering sickness and injury prior to playing in a match.

Rule 4 – The Player’s Equipment

4.4 Footwear: Players must have turf shoes or flat soled shoes designed for play on artificial surfaces. **Outdoor cleats, including artificial grass cleats, are strictly prohibited.**

4.5 Player Uniforms: All members of a team **must wear jerseys of the same color.** Goalkeepers must wear uniforms distinguishable from the uniforms worn by the other team and the opposing goalkeeper and the referee. In case of a uniform color conflict, the HOME team is responsible for changing into an alternate color. If a color conflict occurs, the players, not the referee, must change. Note: Team uniforms don’t need to be the same exact shirt or jersey (though this is encouraged!). The team uniforms just need to be the same color.

Rule 5 – The Duration of the Game (UPDATED JAN-2023)

6.1 Periods: A regulation league game shall consist of (2) 22 minute halves totaling 44 minutes of live game play. This is for **league games only** and not league playoffs and/or indoor tournaments.

6.2 Halftime & Transition Intervals: A (1) minute Halftime will be enforced with play clock starting whether teams are on the field or not. Overtime periods shall not be played during regular season matches. Post-game teams need to immediately exit before the next match begins 1 minute after the previous ended and play clock will begin whether teams are on the field or not for the next match duration to start.

Rule 6 – Coed D Rule (a.k.a the “Macho” Rule)

13.1 Free Kicks: All free kicks must be taken by a female player, no exceptions. This provision applies to any kickoff, any free kick resulting from a foul, any kick-in along the perimeter, any shootout or penalty shot, any kick resulting from a “Macho” Rule call, and any other free kick instance that occurs.

13.2 Kicks Striking a Female Player: At referee’s discretion any kick from an opposing male player, that directly strikes a female player dangerously/recklessly above the waist, shall result in a free kick for the female player from the spot of the occurrence. A goalkeeper’s throw shall not be penalized if it strikes a female player above the waist.

POINTS OF EMPHASIS

No Sliding: For the safety of all players, sliding of any kind is not permitted in any indoor league. The only exception to this rule is that the goalkeeper is permitted to slide within that goalkeeper’s penalty arch.

Absurd Conduct or Impeding Match Inappropriately: Being negligent of others, reckless and/or to impede the quality of play during a match or in the facility can have a ruling enforced by the Referee chosen at-will and can be asked to be removed from the game or the facility.

Forfeit Fee: If a team must forfeit the match, a minimum of 48 hours’ notice must be given to avoid a forfeit fee. A \$100 forfeit fee shall be charged to the team account by the close of business the night following a forfeit. Due to limited field availability, matches that are forfeited will not be rescheduled.

Forfeit Policy: MATCH FORFEITS WILL NOT BE RESCHEDULED. Efforts to schedule an opponent shall be made provided advance notice is given. Teams causing a forfeit shall have the score recorded as a 5-0 loss. Teams forfeiting two or more matches, in a single session, shall not be eligible to participate in that session’s championship match.

Match Reschedule Policy: A match shall be rescheduled provided at least two weeks’ notice is given to the League Manager. *Please note that due to scheduling conflicts, byes and double-headers may be part of a team’s league schedule.* Forfeited matches shall not be rescheduled.

Ties at end of regulation in Playoff Matches Only: Penalty kick shootout from middle of white line (defensive clear) on the side of referee’s choosing. 5 players per each team will be designated to shoot and from there a standard FIFA shootout will be conducted from there to decide winner for playoff only match.

Player Suspensions: Any individual suspended from indoor league play shall not be allowed to participate in any other league game, regardless of date, until the player’s suspension has been completed.

Player Appeal Process: Players receiving a suspension greater than 1 match may appeal their suspension by submitting a \$50 non-refundable administrative fee to Olympia Indoor Soccer and by providing new evidence that the player did not commit the offense. The \$50 fee shall NOT be returned under any circumstance.

Team Payment Policy: Each team shall reserve their place in the league by paying the full registration fee + tax and platform fees. The entire league fee is due prior to participating in the first league match. Teams failing to comply will not be allowed onto the field, shall have the match terminated, and the team shall be removed from the schedule.